

Red Ribbon Club and Red Cross Society, GDC Darlaghat

Session: 2025-2026

The College has an actively functioning Red Ribbon Club and Red Cross Society with about thirty volunteers. Both clubs are overseen by **Mrs. Bhuvi Sharma**.

1. Orientation Programme (18 July 2025): An Orientation Programme was organized for the Red Ribbon Club and Red Cross Society. The session included introductions and ice-breaking activities with the students.

- Ten peer educators were enrolled in the Red Ribbon Club for the new session.
- A new executive body was formed:
 - **President:** Pranchal
 - **Vice-President:** Mahima
 - **Secretary:** Preeti
- Thirty volunteers enrolled in the clubs.





Darlaghat, Himachal Pradesh, India

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2. Training Programme on First Aid (9 August 2025): A one-day training programme on the basics of first aid was conducted in collaboration with the **State Youth Red Cross, Solan District Youth Red Cross, and the College's Red Ribbon Club & Red Cross Society.**

- **Attendance:** 25 volunteers
- **Activities included** demonstrations on first aid in case of injuries, types of bandages and correct techniques, building a stretcher using logs and blankets, proper methods of carrying an injured person, CPR training, and use of fire extinguishers.

The training proved to be extremely useful for the volunteers.











3. Oath Taking Ceremony – International Youth Day (12 August 2025): On International Youth Day, an oath-taking ceremony on **HIV/AIDS awareness** was conducted.

- The oath was administered by **Dr. Ruchi Ramesh, Principal of the College.**
- Students were briefed on the significance of International Youth Day.

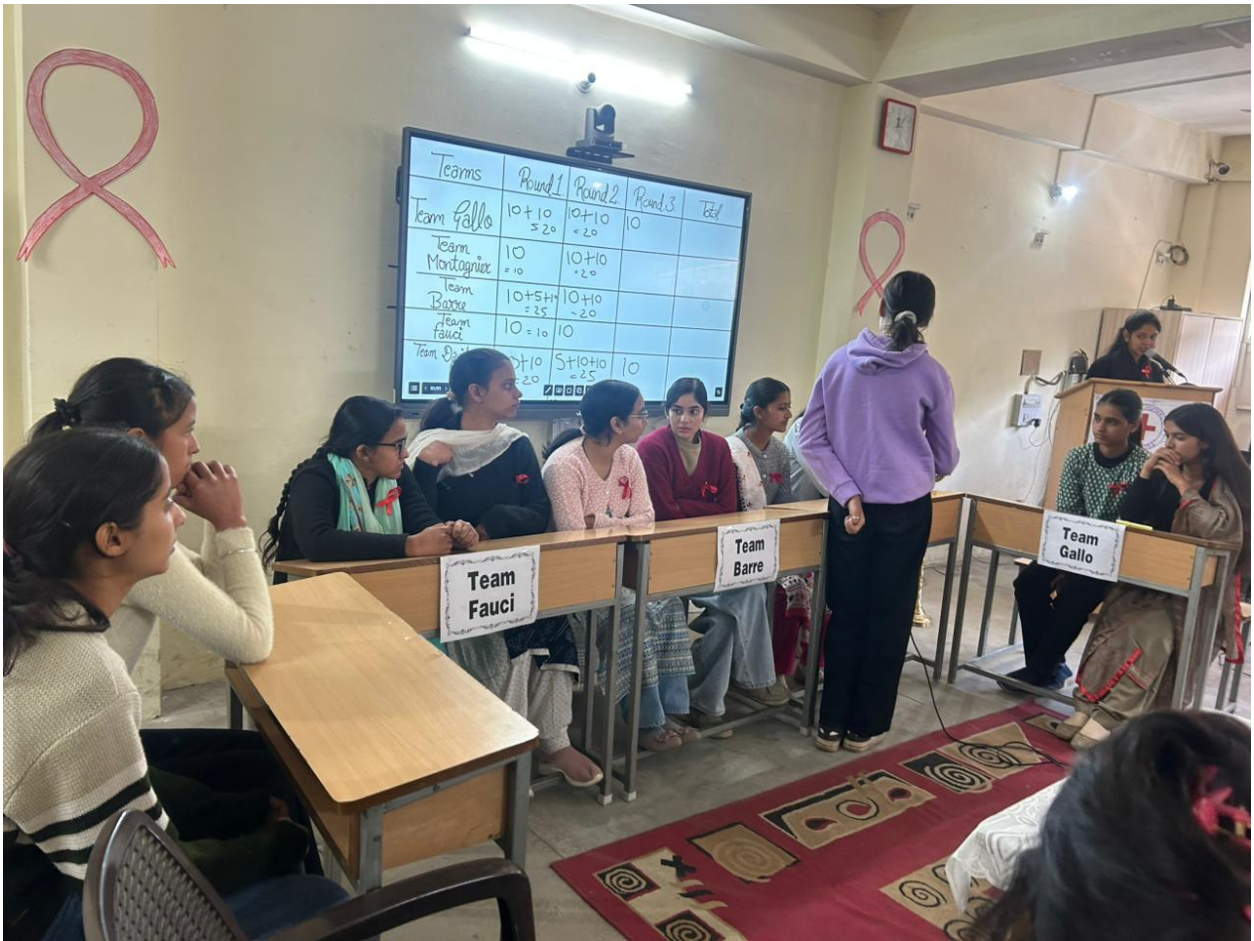




4. World AIDS Day (1 December 2025): The Red Ribbon Club and Red Cross Society jointly organized World AIDS Day under the theme: **“Overcoming Disruptions: Transforming the AIDS Response.”**

Activities:

- **Competitions:** Poster-making, quiz competition, and reel-making (intra-college level).
- **Performances:** Peer educators presented a short skit.
- **Stage Conduct:** Peer educator **Himanshi Sharma** coordinated the event.
- **Guest Lecture:** Delivered by **Mr. Hemender Salaria (PHC Dhundhan)** on transmission, prevention, and combating stigma around AIDS.
- **Dr. Ruchi Ramesh** congratulated the clubs for the successful organization of the event.
- **Prizes:** Cash prize of ₹500 for the winning reel; certificates and mementos for quiz and poster winners
- The event concluded with a **Red Ribbon formation** in the college premises.











5. Training Workshop on HIV/AIDS (11 December 2025): Peer educators **Mahima** and **Pranchal**, along with RRC committee member **Ms. Rachna Tanwar**, participated in a one-day training workshop on HIV/AIDS organized at the **CMO Office, Solan, Himachal Pradesh**.

- The workshop covered general topics including, modes of transmission of HIV, preventive measures, importance of awareness campaigns and addressing stigma and discrimination
- The workshop was highly useful and enriched the participants' knowledge for further peer education activities.



Conclusion

The Red Ribbon Club and Red Cross Society of GDC Darlaghat actively engaged students throughout the academic session 2025–2026 in meaningful awareness and training programmes. From orientation and first-aid training to oath-taking ceremonies, specialized workshops, and the impactful observance of World AIDS Day, the clubs successfully fulfilled their mission of fostering social responsibility, health awareness, and volunteerism among youth.

The dedication of the volunteers, peer educators, and executive members, under the guidance of **Mrs. Bhuvi Sharma and Ms. Rachna Tanwar** and with the support of **Dr. Ruchi Ramesh**, ensured that each initiative was carried out with enthusiasm and effectiveness. The year's activities not only enriched the knowledge and skills of the participants but also strengthened the spirit of service and compassion within the college community.